



Erlanger
Veterinary
Hospital

NEWSLETTER



February 2026



Dental Health Month!!

February is Pet Dental Health Month in veterinary medicine, a time dedicated to raising awareness about the importance of keeping your pet's teeth and gums healthy. Dental disease is one of the most common conditions we see in both dogs and cats, and it often goes unnoticed until it causes pain, infection, or more serious health issues.

Good dental care goes beyond fresh breath. Bacteria from untreated dental disease can affect the heart, liver, and kidneys, making routine oral care an essential part of your pet's overall health.

Whether you have a dog or a cat, starting a dental routine early, or improving an existing one, can greatly improve comfort, health, and quality of life. If you have questions about your pet's dental health or would like to schedule an exam, our team is here to help keep those smiles healthy all year long.



Ways to Help Keep Your Pet's Teeth Healthy:

- Brush your pet's teeth regularly using pet-safe toothpaste
- Offer dental chews or treats approved by your veterinarian
- Use dental diets or water additives when recommended
- Schedule regular dental exams and professional cleanings
- Watch for signs of dental problems, such as bad breath, red gums, drooling, or difficulty eating



Upcoming Important Dates

14 Valentines Day

16 Presidents Day

24 Shannons 3 yr Anniversary

27 Danielle's 6 yr Anniversary

Dot joined her family through a foster in March 2020, just before the world shut down. While her early years are a mystery, six years later she is living her best life.

Dot is a sassy, confident girl who rules her upstairs "suite" of two bedrooms and a hallway, generously sharing the space with her mom while others must proceed with caution.

She loves her cozy castles, tunnels, and chewing spots, with favorite toys including plastic baby keys and a pumpkin snuffle mat. Bananas, fresh grass, and gourmet hay are her favorite treats—and above all, Dot is her mom's very best girl.



Pet of the Month

Dot



Message from the Doctor : Dr. Lee Nancarrow



February 4th is World Cancer Day, a global day to raise awareness about cancer prevention and early detection. Cancer is frightening, but outcomes are often much better when it is discovered early. Routine exams, blood work and abdominal ultrasounds for larger dogs or senior pets can help catch cancer in its early stages.

At home, there is a lot that can be done. Feeding a species appropriate and well-balanced diet, maintaining a healthy weight, reducing stress and minimizing environmental toxins all play a role. Pet owners should also monitor for unintentional weight loss, lumps and bumps, and changes in behavior. For example, frequent vomiting in cats, more than once a month, can indicate intestinal inflammation, which if left unaddressed may progress to a form of cancer, lymphoma.

Not every change means cancer but paying attention and partnering with a veterinarian can help ensure the best possible outcomes.



♥ Love Your Pet's Heart This Valentine's Day

FEBRUARY IS ALL ABOUT LOVE..... MAKING IT THE PERFECT TIME TO FOCUS ON YOUR PET'S HEART HEALTH. JUST LIKE PEOPLE, PETS CAN DEVELOP HEART CONDITIONS THAT AFFECT THEIR QUALITY OF LIFE, OFTEN WITHOUT OBVIOUS SIGNS IN THE EARLY STAGES. KEEPING YOUR PET'S HEART HEALTHY HELPS ENSURE MORE YEARS OF HAPPY MOMENTS, TAIL WAGS, AND CUDDLES.

SOME SIGNS OF HEART DISEASE IN PETS MAY INCLUDE COUGHING, DIFFICULTY BREATHING, DECREASED ENERGY, EXERCISE INTOLERANCE, FAINTING, OR CHANGES IN APPETITE. BECAUSE THESE SYMPTOMS CAN BE SUBTLE OR MISTAKEN FOR NORMAL AGING, REGULAR VETERINARY VISITS ARE ESSENTIAL. ANNUAL WELLNESS EXAMS AND DIAGNOSTIC TESTING, SUCH AS BLOOD WORK, X-RAYS, OR HEARTWORM TESTING, ALLOW US TO DETECT CONCERNS EARLY, WHEN TREATMENT CAN BE MOST EFFECTIVE.

HEARTWORM PREVENTION IS ANOTHER KEY PART OF PROTECTING YOUR PET'S HEART. HEARTWORMS ARE TRANSMITTED BY MOSQUITOES AND CAN CAUSE SERIOUS, LIFE-THREATENING DAMAGE TO THE HEART AND LUNGS. YEAR-ROUND PREVENTION AND ROUTINE TESTING ARE THE BEST WAYS TO KEEP YOUR PET SAFE.



THIS VALENTINE'S SEASON, SHOW YOUR PET HOW MUCH YOU LOVE THEM BY PRIORITIZING THEIR HEART HEALTH. IF YOU HAVE QUESTIONS OR WOULD LIKE TO SCHEDULE AN EXAM, OUR TEAM IS HERE TO HELP KEEP YOUR PET'S HEART STRONG AND HEALTHY.

staff spotlight : Brittany

Brittany, a Kentucky native, has always had a deep love for animals and a genuine passion for helping others. She earned her Bachelor's degree in Veterinary Technology from Morehead State University and brings compassion, dedication, and skill to every patient she cares for. Brittany is married and shares her home with two beloved pets—Pryia, her loyal dog, and Suki, her playful cat.

Outside of work, Brittany enjoys relaxing with a good book, spending time with her family, and has recently become an avid crocheter. She finds true fulfillment in supporting both pets and their owners, especially during challenging moments. Brittany is committed to continually growing in her field so she can provide the highest level of care, and her kindness and empathy make her a valued member of the Erlanger Veterinary Hospital team.



All You Need Is
Love... and Kittens